



The 10th Asian Age Group Championships-2019

24th September - 2nd October 2019
Bengaluru, India

Rules and Regulations
Bengaluru, 24th Sept – 2nd Oct 2019



1. TITLE:

10th Asian Age Group Championships - 2019

2. AUSPICES:

The Championships (Swimming, Diving, Water Polo and Artistic Swimming) will be held under the auspices of the Asia Swimming Federation (AASF).

3. RULES:

The Championships will run under the FINA and AASF Rules and Regulations

4. DATES & VENUE:

The Championships will be held from 24th Sept to 2nd Oct 2019 (Actual Days) in BANGALURU City (INDIA)

Arrival:

Swimming & Diving	22 September
Water Polo:	22 September
Artistic Swimming:	27 September

Competitions:

Water Polo: (7 days)	24– 30 September
Swimming: (4 days)	24 – 27 September
Diving: (4 days)	24 – 27 September
Artistic Swimming: (4 days)	29 Sept-2 October

Departure:

Swimming & Diving	28 September
Water Polo:	01 October
Artistic Swimming:	03 October

5. ELIGIBILITY

1. National Teams of AASF Member Federation / Association.
2. Only the athlete with citizenship of the country or sport country.

* **Non- Adherence to the Age Limit**

If the physical appearance of an athlete obviously does not fit into his/her age group or if other teams produce evidence supporting this case, and this would cause protest by the other teams, the appointed Committee shall decide on the case.

The 3 Members task force Committee will be appointed by AASF President.

For any positive case where forgery of age proven:

- a) The National Federation whom that athlete represents will be levied US\$ 1.000.00 (U.S. Dollars one thousand only) per case.
- b) Suspend the athlete for 4 years for participating in all AASF events and recommend to FINA to take necessary measures in FINA events.
- c) The Officials of the National Federation will be subjected to hearing by the task force and recommend actions to AASF Executive Board.

** **Changing the Nationality of Competitors**

Should competitor represent his / her country or sport country, he / she shall be a citizen whether by birth or naturalization of the nation he / she represents provided that a naturalized citizen shall have lived in that country for at least one-year period. Any competitor who wish to change his/her affiliation from one Federation to another Federation must have a release letter from his/her previous National Federation and acceptance letter from his/her new National Federation and also agreement between two related NOC's. Both this letter should submit to AASF, for approval, a period of at least 2 years before he / she start competing for his new National Federation in AASF activities.

6. AGE GROUP

- | | | |
|---------------------------|-------------------------------------|---------|
| 1. <u>Swimming</u> | 18 years and above (2001 and Under) | Group A |
| | 15-17 years (2002- 2003 - 2004) | Group B |
| | 12-14 years (2005 –2006 - 2007) | Group C |

- | | | |
|-----------------------------------|-------------------------------|----------|
| 2. <u>Diving</u> | 19 and Above (2000 and under) | Open |
| | 16-18 years (2001 - 2003) | Group A |
| | 14-15 years (2004 & 2005) | Group B |
| | 12-13 years (2006 & 2007) | Group C |
| <u>Synchronized Diving</u> | 14-15/16-18 years and open | Combined |
-
- | | | |
|-----------------------------|--|---------|
| 3. Artistic Swimming | Junior: 15-18 years(2004,2003,2002,2001) | Group A |
| | 13-15 years(2004,2005,2006) | Group B |
| | 12 years and under | Group C |
| | Combined age | Open |
-
- | | |
|----------------------|---------------------------|
| 4. Water Polo | Youth, 17 years and under |
|----------------------|---------------------------|
- 4.1. Players who were born in 2002 and above.

7. NUMBER OF COMPETITORS

Swimming:	Not more than 50 inclusive of 6 officials
Diving:	Not more than 15 inclusive of 3 officials (Judge is included)
Artistic Swimming:	Not more than 14 Swimmers (if participating in Mixed Duet and combi/Highlight) with 4 officials (Per Age Group) (Judges are not included)
Water Polo (Men& Women):	Not more than 18 inclusive of 5 officials (Referee with team is included)

8. ENTRIES

A. Swimming

- | | |
|---------------|--|
| 1) Individual | Only 2 entries per Federation per event. |
| 2) Team | Only 1 entry per Federation per event. |

B. Diving

- | | |
|------------------------|--|
| 1) Individual | Only 2 entries per Federation per event. |
| 2) Synchronized Diving | Only 1 team per Federation per event. |

C. Artistic Swimming

For Solos, Duet and Mixed Duets not more than 2 entries per country per age group.

For Teams not more than 1 entry per country per age group.

For Free Combinations and Highlight, not more than 1 entry per country.

Swimmer who are 15 years old must decide to take part in either 13-15 or Junior (15-18).

D. Water Polo-

Only 1 Men and 1 Women team.

* All entries must be accompanied by photocopies of

1) International Passport

2) Birth Certificate

All documents must be certified by the President / Secretary General of National Swimming Federation.

Entries not supported by the documents will be automatically rejected.

9. DRAWS

The Draws for Diving, Artistic Swimming and Water Polo shall be held at the respective Managers Meeting.

10. CANCELLATION OF EVENTS

In any individual and team event, where there are only 3 entries or less on the closing date for Entries, the event will be cancelled.

Organizers are obliged to inform the Federation / Association concerned and to permit those concerned to resubmit fresh entries (within the Rules). A grace period of 10 days will be permitted.

11. ENTRY FEES

No fee will be charged

12. PRIZES

Gold plated, Silver plated and Bronze plated medals will be awarded to the respective winners.

Certificates will be presented to the six finalists (Individual Events) and to the first four finalists (Team Events).

Diplomas/ Certificates will be awarded to all Record Holders.

Certificates of Participation will be presented to all participants.

13. CHAMPIONSHIPS AWARDS

The Champion Team will be declared on the following basis:

- A. Total number of Gold medals
- B. If there is a tie, to count the total number of Silver medals
- C. If there is a tie, to count the total number of Bronze medals
- D. If there is a tie, to count the total number of Records

14. JURY

The Jury will be consisted of AASF Chairman of the Technical Committee of Discipline concerned, and 2-3 AASF appointed officials who will be nominated to the Organizing Committee by AASF.

15. COSTING FOR ACCOMMODATION AND TRANSPORTATION

1. All Teams must accommodate in Hotels which have been appointed by Host country and bear their own cost of board and lodgings regarding the fee announced by the Organizing Committee and approved by AASF.
2. The International air fare will be covered by each NF and the host country will provide local transportation for all teams.

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Note: The Organizing Committee will not provide local transportations from/to Airport & from/to hotel and competition venue for Teams which accommodate in the hotels not appointed by Organizing Committee.

16. OPENING CEREMONY

Opening Ceremony will be held on the first day of the Championships.

17. TEAM MANAGERS & TECHNICAL OFFICIALS MEETINGS

The meetings will be held on One day before 1st day of each Discipline.

Team Managers Meeting	at 1400 hrs
Technical Officials Meeting	at 1600 hrs

18. EVENTS

A. SWIMMING

	18 & Above		15-17		14 & Under	
	B	G	B	G	B	G
50 m Free	*	*	*	*	*	*
100 m Free	*	*	*	*	*	*
200 m Free	*	*	*	*	*	*
400 m Free	*	*	*	*	*	*
800 m Free	*	*	*	*		
1500 m Free	*	*	*	*		
50 m Breast	*	*	*	*	*	*
100 m Breast	*	*	*	*	*	*
200 m Breast	*	*	*	*	*	*
50 m Back	*	*	*	*	*	*
100 m Back	*	*	*	*	*	*
200 m Back	*	*	*	*	*	*
50 m Butterfly	*	*	*	*	*	*
100 m Butterfly	*	*	*	*	*	*
200 m Butterfly	*	*	*	*	*	*
200 m Individual Medley	*	*	*	*	*	*
400 m Individual Medley	*	*	*	*		
4 × 100 m Free Relay	*	*	*	*	*	*
4 × 200 m Free Relay	*	*	*	*		
4 × 100 m Medley Relay	*	*	*	*	*	*
4 × 100 m Free Relay(Mixed)	*	*	*	*	*	*
4 × 100 m Medley Relay(Mixed)	*	*	*	*	*	*
Total	22	22	22	22	18	18

- 1.1 Heats and finals will be held for all events except for 800m and 1500m which will be the final time.
- 1.2 The Rules for the Mixed Relays are the same as for gender relays except that the Mixed Relays must consist of 2 (two) Male and 2 (two) Female swimmers. The starting order of the swimmers is decided by each team. The relay entry form (provided by the OC) should as usual be handed in one hour before the start of the competition for both heats and finals.

1.3 Time Schedule

- All Heats shall start at 0800 hrs.
- All Finals shall start at 1700 hrs.

- ☐ The slower heats will be held in the mornings
- ☐ The faster heats will be held in the evenings.

1.4- Order of Events

The order of Events shall be:

See attached.

A. DIVING

2.1- Age Group

- | | | |
|--------------------------|------------|--------------------|
| ☐ | Group Open | 19 years and above |
| ☐ | Group A | 16-18 years |
| ☐ | Group B | 14-15 years |
| ☐ | Group C | 12-13 years |

The Rules for the Mixed Relays are the same as for gender relays except that the Mixed Relays must consist of 2 (two) Male and 2 (two) Female swimmers. The starting order of the swimmers is decided by each team. The relay entry form (provided by the OC) should as usual be handed in one hour before the start of the competition for both heats and finals.

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- ☐ The faster heats will be held in the evenings.

1.4- Order of Events

The order of Events shall be:

See attached.

2.2- Dives

12-13 years	1 M	7 dives (5 from 5 groups with total DD no more than 9.0 +2 optional)	G
		8 dives (5 from 5 groups with total DD no more than 9.0 +3 optional)	B
	3 M	7 dives (5 from 5 groups with total DD no more than 9.5+2 optional)	G
		8 dives (5 from 5 groups with total DD no more than 9.5+3 optional)	B
	5 M/7.5 M	6 dives (4 from 4 groups with total DD no more than 7.6 +2 optional)	G
		7 dives (4 from 4 groups with total DD no more than 7.6+3 optional)	B
14-15 years	1 M	8 dives (5 from 5 groups with total DD no more than 9.0 +3 optional)	G

		9 dives (5 from 5 groups with total DD no more than 9.0 +4 optional)	B
		8 dives (5 from 5 groups with total DD no more than 9.5 +3 optional)	G
	3 M	9 dives (5 from 5 groups with total DD no more than 9.5 +4 optional)	B
		7 dives from 5 groups (4 from 4 groups with total DD no more than 7.6+3 optional)	G
	5 M/ 7.5 M/10 M	8 dives from 5 groups (4 from 4 groups with total DD no more than 7.6+4 optional)	B
16-18	1 M	9 dives (5 from 5 groups with total DD no more than 9.0+4 optional)	G
		9 dives (5 from 5 groups with total DD no more than 9.5+4 optional)	G
	3 M		
	5 M/ 7.5 M/ 10 M	8 dives from 5 groups (4 from 4 groups with total DD no more than 7.6+4 optional)	G

years	1 M	10 dives (5 from 5 groups with total DD no more than 9.0+5 optional)	B
	3 M	10 dives (5 from 5 groups with total DD no more than 9.0+5 optional)	B
	5 M/ 7/5 M/ 10 M	9 dives from 6 groups (4 from 4 groups with total DD no more than 7.6+5 optional)	B
Open (19 years and above)	1 M	5 dives optional	G
	3 M	5 dives optional	G
	10 M	5 dives optional	G
	1 M	6 dives optional	B
	3 M	6 dives optional	B
	10 M	6 dives optional	B

** (whether preliminaries + finals or direct finals for each event are to be decided by AASF. It is proposed that for event with less than 12 entries, direct final could be conducted.)

2.3- Rules: According to FINA Rules.

2.4- Synchronized Diving

Open and Group A/B Combined

3M	5 Dives from 5 groups (2 dives of DD 2.0 each +3 optional)	G
3M	6 Dives from 5 groups (2 dives of DD 2.0 each +4 optional)	B

Open and group A

10 M	5 Dives from 5 groups (2 dives of DD2.0 each +3 optional)	G
10 M	6 Dives from 5 groups (2 dives of DD2.0 each +4 optional)	B

2.5- According to FINA Rules

2.6- Entries: Each Team may enter a maximum of 2 divers per individual event, and one team per synchronized event.

2.7- Judges: each Federation participating in these events shall bring a Diving Judge.

C. ARTISTIC SWIMMING

3.1- Age Groups and events

		Solo Tech	Solo Free	Duet Tech	Duet Free	Team Tech	Team Free	Free Combi	Highlight
Group A Junior	15-18 years old	*	*	*	*	*	*		
		Mixed Duet Tech	Mixed Duet Free						
		*	*						
Group B	13 - 15 years old	Figures	Solo + Fig	Duet + Fig	Team + Fig	Mixed duet + Fig			
		*	*	*	*	*			
Group C	12 & Under	Figures	Solo + Fig	Duet + Fig	Team + Fig	Mixed duet + Fig			
		*	*	*	*	*			
Open	Combined Age							*	*

3.2-

- Swimmer who a 15 years old must decide to take part in either 13-15 or Junior (15-18).
- For each Age Group (Junior, 13-15 years, 12 & Under), each Federation may participate in 2 Solos, 2 Duets, 2 Mixed Duets, 1 Team.
- For Open (Combined Age), each Federation may participate in 1 Combi and 1 highlight.
- Reserves are allowed, 1 for Duet and 2 reserves for a Team, Highlight and Free Combination.
- Swimmer is only allowed to participate in her own age group. No swim-up is allowed.
- The number of athletes in Team may be four (4) to eight (8).
- The number of athletes in Highlight and Free Combination event may be eight (8) to ten (10).
- Any event with less than 3 entries may be cancelled.
- Medals of Figure Competitions for each age group will be given.

3.3- Final Results and Medals

- For Age Group 12&Under and 13-15 - Solos, Duets, Mixed Duets and Team
 - Figures 100% + Free Routine 100%
- For Junior - Solo, Duets, Mixed Duets and Team
 - Technical 100% + Free Routine 100%

- For Age Group 12&Under and 13-15 - Figure
 - Figure 100%
- Open - Free Combination
 - Routine 100%
- Open - Highlight Routine
 - Routine 100%
- In Solo, Duet, Mixed Duet, if two routines from a Federation, swimmer(s) who got higher results could be in the podium.
- Medals of Figure Competitions for each age group will be given according to the ranking.

3.4- **Time limits for Free Routines**

- The time limits for different age groups, including ten (10) seconds of deck movements, shall be according to (ASAG6)
- The time limits for free combination and highlight in open age group, including ten (10) seconds of deck movements, shall be according to (AS 14).

3.5- **Judges**

- Each Federation must send at least one judge in the FINA 2019 judge list, up to two judges. All judges must have passed the FINA Judges exam in one of the FINA Judges Schools held in 2018 – 201

D. WATER POLO (Men & Women)

4.1-**Age:** 17 years and under (Born in 2002 and above)

4.2-**Entry:** Each Federation/ Association will enter 1 Team for Men consisting of 13 players, 1 head coach, 1 coach, 1 referee and 1 manager, and 1 Physician.

Each Federation/ Association shall enter 1 Team for Women only consisting of 13 players, 1 head coach, 1 coach, 1 referee and 1 manager, and 1 Physician.

4.3- **Competition:** In the case of not more than 6 teams participating, the competition will be played on a round robin basis in one group.

In the case of 7 or 12 teams participating, the competition will be played in preliminary round by two divided groups on round robin basis in each group, followed by cross-over final rounds.

In case of 13 or more teams participating, the preliminary round will be played in groups a round robin basis in each group, followed by cross-over final rounds. Detailed schedule will be drawn up at the Managers Meeting.

4.4- **Ball:** The ball used in the competitions shall be Men's ball for Men's competition, and Women's Ball for Women's competition.

4.5- **Field of Play (FOP):** The size of field shall be 30m x 20m for Men's competition, and 25m x 20m for Women's competition.

4.6- Rules: FINA Regulations and Water Polo Rules will be implemented.

Any Team who withdraws after the closing date for entries shall pay a penalty fee of US \$200 to AASF. Any Team who withdraws after drawing ceremony and competition schedule shall pay US \$2000 and face a suspension of 3-6 month

CONTACT DETAILS:

For the General Information Email: info@aagindia2019.in

For the Official Correspondence i.e. Intend to participate form, Preliminary Entry form etc

Email: orgsec@aaginida2019.in

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Local Organising Committee Address:

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INDIA.

Note:

All Member Federations shall bring two international standard flags:

**one No. 1 flag (size: 280 cm x 192 cm) and
two No. 4 flag (size: 144 cm x 96 cm).**